

LAKESIDE CHIROPRACTIC SEMINARS, Inc.

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Brain Wellness: Neurodegenerative conditions,

Exploring the cause and treatment of Alzheimer's, Parkinson's, MS, ALS. Learn what nutrients to use, and in what amount, to help these patients in conjunction with chiropractic care

License Renewal, CE hours: 12

CCSP hours: 12

The doctor will learn how to prevent and treat one of the fastest growing, most widespread problems in our society- Neurodegenerative conditions. This seminar explains in easy to understand terms how the brain works normally, and what it needs to work. Learn how the uses vitamins, minerals, and food to perform its functions. Also, Learn what not to eat- why and how things such as aluminum, metals, lemon, fructose and other common foods damage our system. Learn how chocolate may even be good for the brain! Also, learn how disorders such as Alzheimer's, Parkinson's, MS, ALS and others are caused and how to treat them. All information is factual information based on scientific research. Learn what nutrients to use, and what amounts, to help these patients in conjunction with chiropractic treatment.

I. Introduction

- a) Brain function
- b) Normal use of fuels
- c) Normal activity

II. Normal mechanisms of memory

- a) Motor function
- b) Cognition

III. Mechanisms of how the brain becomes damaged

- a) Diet
- b) Immune system
- c) Lack of activity

IV. Multiple Sclerosis

- a) History
- b) Diagnosis
- c) Mechanism

V. Treatment of MS

- a) The dos and don'ts

VI Alzheimers disease

- a) History
- b) Diagnosis
- c) Complications

VII. Treatment of Alzheimers disease

- a) Nutritional
- b) Manipulation and other management strategies

VIII. Parkinson's disease

- a) Who gets this
- b) How to examine and diagnosis this condition

IX. Treatment of Parkinson's disease

- a) Proven chiropractic methods of treatment
- B) Alternative and nutritional